
Patient Information Leaflet: Mark Jay Alcohol Detox

Title	Patient Information Leaflet incorporating Statement of Purpose
Document Class	Information Statement
Organisation	Mark Jay Alcohol Detox
Audience	Patients, partner agencies, peer auditors, supervisors and complaint investigators.
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Author(s)	Mark Jay
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Aim

Mark Jay Alcohol Detox aims to provide high quality treatment for alcohol problems.

Registered Provider

Mark Jay Alcohol Detox is the private practice of Mark Jay, BSc (Hons) RMN, operating as a sole trader from Hr Doodsford, Burrington, Umberleigh, Devon EX37 9NE. The previous trading name was 'Devon Home Detox'

Mark Jay acts as the registered manager. He is registered on Part 3 of the Nursing & Midwifery Council's nursing register (Registered Mental Nurse), and is registered with them as a independent nurse prescriber. He has over 20 years' experience of working in the NHS, with 15 years experience working full time in drug & alcohol addiction as Community Psychiatric Nurse, Clinical Manager and Clinical Nurse Specialist.

Registration can be checked via:

<http://www.nmc-uk.org/aNewSearchRegister.aspx>

Treatments

Mark Jay Alcohol Detox provides treatment for alcohol use which is harmful, hazardous or dependent (as defined by the Review of the Effectiveness of Treatment for Alcohol Problems I)

Treatments provided are:

- ➔ Psycho-social interventions to help clients become and remain abstinent from alcohol or in control of their alcohol use.
- ➔ Psycho-social interventions to help the family and friends of those with alcohol problems.
- ➔ Detoxification of dependent drinkers in their home, including prescribing medication.

All treatments are provided in the patients' homes or in suitable hired consulting venues. Mark Jay Alcohol Detox has no premises of its own.

Guidelines

All treatments comply with best practice, as described in the Review of the Effectiveness of Treatment for Alcohol Problems¹ and British Association for Psychopharmacology guidelines for the treatment of substance misuse, addiction and co-morbidity².

Professionalism

All practice is bound by the Nursing & Midwifery Council's code of professional conduct, and standards of proficiency for nurse and midwife prescribers.

Assessment

Assessment of clients will follow the broad model described by Professor Griffith Edwards³. Assessment for making a prescribing decision will include taking a history of the presenting complaint, establishing associated symptoms, exploring past medical history, current medication, allergies and sensitivities. A family and social history will also be taken. Concordance between the patient and the prescriber will be established before any prescribing takes place.

Consent

No assessment or treatment can take place without the patient's full informed consent.

Out of Hours Service

There is no out of hours service. Patients undergoing detoxification with medication will be asked to contact their GP service if Mark Jay Alcohol Detox is unavailable. The patient's GP will be informed of any treatments involving medication. Patients receiving psycho-social interventions can choose to contact their GP, A&E, or a variety of local and national helplines if Mark Jay Alcohol Detox is not available.

Access to Health Records

Mark Jay Alcohol Detox is registered with the Information Commissioner's Office under the Data Protection Act 1998.

Personal data is kept for the following purposes:

- 1 Accounts & Records
- 2 Health Administration and Services
- 3 Consultancy & Advisory Services

You may request details of personal information which is held about you under the Data Protection Act 1998. A small fee may be payable. If you would like a copy of the information held on you please write to: Mark Jay, Hr Doomsford, Burrington, Umberleigh, Devon, EX37 9NE.

There is a clinical records policy which outlines the standards for the quality, filing, access, retention and destruction of health records made and held by Mark Jay Alcohol Detox.

Patient Consultation

All patients who receive treatment from Mark Jay Alcohol Detox are given an opportunity to comment either verbally or in writing on the services they have received.

Comments, Suggestions and Complaints

Mark Jay Alcohol Detox has a written complaints policy. There is also a complaints leaflet outlining in clear terms how to make a complaint, and describing the process. The policy includes the facility for bringing in a third party to investigate and to try to resolve unresolved serious complaints.

Role and responsibilities of the registered manager

The registered manager's duties include:

Ensuring that they keep their clinical, administrative and managerial knowledge, skills and competence up to date.

Ensuring that minimum standards set out by law are kept.

Ensuring that clinical policies and practice are within professionally accepted national guidelines

Ensuring that all practice falls within professional codes of conduct set out by the Nursing & Midwifery Council (NMC).

Ensuring that the NMC's Post Registration Education and Practice requirements are met.



Mark Jay

trading as

Mark Jay Alcohol Detox

References

1 Raistrick D, Heather N & Godfrey C (2006) Review of the Effectiveness of Treatment for Alcohol Problems National Treatment Agency for Substance Misuse, London

2 Lingford-Hughes A R, Welch S & Nutt D J (2004) Evidence-Based Guidelines for the Pharmacological Management of Substance Misuse, Addiction and Comorbidity: Recommendations from the British Association for Psychopharmacology, Journal of Psychopharmacology, 293-335, Vol. 18 (3)

3 Edwards G (1987) The Treatment of Drinking Problems 2nd ed Blackwell, Oxford